



Mukund Kumar Jha,
Assistant Professor,
Management Studies
School of Science, Building
mukund.jha@gafcuniversity.ac.in

Education

PhD (Pursuing) – Swarnim Gujarat Sports University, Gujarat

Research Topic: “Study of Awareness of Sportsperson and Non- Sportsperson of Gujarat towards Doping”

M.P.Ed. (2001) – Gujarat University, Gujarat

B.P.Ed (1999) – Swarnim Gujarat Sports University, Gujarat

B. A. (2014) – Gujarat University, Gujarat

Key Skills of Mukund Jha

1. Assistant Professor :

- Expertise in health and physical education curriculum design and implementation.
- Proficient in delivering engaging lectures and practical sessions.
- Research-oriented, with a focus on sports medicine and mindfulness-based stress reduction programs.
- Development of course content for fitness and wellness.
- Strong mentorship and guidance for students in academics and extracurricular activities.

2. NCC Officer:

- Leadership in managing NCC cadets and organizing national-level programs.
- Experienced in coordinating drill practices, ceremonial events, and camps.
- Proficient in instilling discipline, teamwork, and leadership skills in cadets.
- Comprehensive knowledge of the Indian Armed Forces and map-reading techniques.

3. Sports Officer:

- Expertise in planning and organizing inter-university and intra-university sports events.
- Proficient in managing sports facilities and equipment procurement.
- Skilled in developing policies to promote sports participation among students and staff.
- Focused on maintaining discipline and fostering a spirit of sportsmanship.

4. Fitness Coach:

- Proficient in creating personalized fitness plans based on individual goals.
- Certified in mindfulness and meditation training for holistic well-being.
- Knowledgeable in fitness assessments and monitoring progress.
- Encourages balanced physical and mental health through innovative programs.

These diverse skills highlight Mukund Jha's versatility and commitment to promoting education, fitness, discipline, and sportsmanship.

Background

Joined GSFC University in March 2022